



# NAMI Tri-Valley

## Monthly Meeting

Presents

**Beverly Bergman**

*Family Caregiver Advocacy Specialist*

**Francesca Tenenbaum**

*Patients' Rights Director for Alameda and San Mateo Counties*

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**Monday, March 5, 2018**

**MEETING TIME:**

**7:00 p.m. to 8:30 p.m.**

**Livermore Public Library**

**1188 South Livermore Avenue, Livermore**

**Refreshments provided**

**For further information, please check:**

**NAMI Tri-Valley Website at [www.nami-trivalley.org](http://www.nami-trivalley.org)**

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**Beverly Bergman** is a 22-year staff member of the Mental Health Association in Alameda County. Her expertise as benefits advocate for 16 years successfully helped over 500 people receive SSI/SSDI. The past 12 years, Beverly has advocated for family/caregivers by providing support, advice, education, advocacy, information and referral. Beverly guides families through dispute resolutions and assists with filing complaints. Other services include help with completing forms, explanation of how the Alameda County mental health system works and strategies when the system doesn't work. Beverly has a family member with a mental illness and understands first hand the challenges in obtaining help for a loved one while maintaining the health of the family/caregiver.

**Francesca Tenenbaum** is Director of Patients' Rights Advocates Programs for Alameda County and San Mateo County. She has over 25 years of experience in advocacy and has been a Patients' Rights Advocate for over 20 years.